



Open-ended Working Group on Ageing  
for the purpose of strengthening the protection  
of the human rights of older persons



UNITED NATIONS  
HUMAN RIGHTS  
OFFICE OF THE HIGH COMMISSIONER

## Guiding Questions for the focus areas of the IX Session of the Open-ended Working Group on Ageing: Long-term care and palliative care

- 1) In your country/region, how is long-term care for older persons defined and provided for in legal and policy frameworks? What types of support and services are covered?
- 2) What are the specific challenges faced by older persons in accessing long-term care?
- 3) What measures have been taken/are necessary to ensure high-quality and sustainable long-term care systems for older persons, including for example:
  - Sufficient availability, accessibility and affordability of services on a non-discriminatory basis?
  - High quality of services provided?
  - Autonomy and free, prior and informed consent of older persons in relation to their long-term care and support?
  - Progressive elimination of all restrictive practices (such as detention, seclusion, chemical and physical restraint) in long-term care?
  - Sustainable financing of long-term care and support services?
  - Redress and remedy in case of abuse and violations?
- 4) What other rights are essential for the enjoyment of the right to long-term care by older persons, or affected by the non-enjoyment of this right?
- 5) In your country/region, how is palliative care defined in legal and policy frameworks?
- 6) What are the specific needs and challenges facing older persons regarding end-of-life care? Are there studies, data and evidence available?
- 7) To what extent is palliative care available to all older persons on a non-discriminatory basis?
- 8) How is palliative care provided, in relation to long-term care as described above and other support services for older persons?
- 9) Are there good practices available in terms of long-term care and palliative care? What are lessons learned from human rights perspectives?