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Collector: OEWG10 Accreditation (Web Link)
Started: Friday, February 01, 2019 7:59:12 AM
Last Modified: Friday, February 01, 2019 8:23:15 AM
Time Spent: 00:24:03
IP Address: 176.52.218.178

Page 1: Tenth Session of the OEWG on Ageing 15-18 April 2019, UN Headquarters, New York

Q1 Name of the organization:

Age & Opportunity

Q2 The purpose of the organization:

Age & Opportunity is the leading national development organisation improving the quality of life of older people. We do this by:

- championing the creativity and value of older people;
 - combating stereotypes and negative views of ageing;
 - developing inclusive and engaging experiences which respond to the interests and needs of the diverse older adult population;
 - developing, testing and measuring the impact of pioneering programmes and approaches;
 - making evidence available to policy-makers and service providers;
 - working with partners and stakeholders to ensure that Ireland's policies, strategies and programmes are directly informed by the needs and experiences of older people.
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Q3 Information as to the programmes and activities of the organization in areas relevant to the human rights of older persons:

We provide the following opportunities for older people to be more active; more creative; more visible; more connected; more often:

Opportunities for sport and physical activity

Our Go for Life Programme is Ireland's national programme for sport and physical activity for older people.

Our Go for Life programme achieves its programme objectives through the use of peer-led interventions:

- PALs (Physical Activity Leaders), an education and peer leadership scheme which trains older people to lead sport and physical activity programmes with peers in their local communities;
- Go for Life Small Grant Scheme, a national grants scheme which makes grants to local groups of older people to support the work of PALs;
- FitLine, a volunteer-led telephone-based motivation line to encourage older individuals to become more active;
- Go for Life Games, which encourages recreational games with a competitive element;
- Creating links between National Governing Bodies (NGB's) of Sport and older people, introducing and adapting sports for groups and providing opportunities to try out new sports.

Opportunities to engage in arts and cultural activities

Our Bealtaine festival, for example, is Ireland's largest collaborative arts festival and one of the world's first festivals of arts and creativity for older people. We create meaningful participation and representation for all older people in cultural and creative life. We demonstrate and celebrate how our creative potential can improve with age.

Our arts and culture programme achieves its objectives through the following activities:

- Bealtaine Festival, a national festival of arts activities aimed at older people across the arts;
- Cultural Companions, a peer-led social network for potentially isolated older people;
- Arts workshops, geared towards older people;
- Artists Residencies in Care Settings
- Conferences exploring issues impacting on older people through the arts;

Opportunities to learn and be involved as active citizens

We provide developmental and educational experiences both for older people and those who work with them in areas such as psycho-educational work and age discrimination.

Our active citizenship and lifelong learning programme achieves its objectives through the following activities:

- Changing Gears / Taking Stock / Ageing with Confidence, personal development and resilience courses for older people;
- AgeWise, a workshop for workplaces, combating ageism and age discrimination;
- Creative Exchanges, a QQI course developing skills in the arts for activities coordinators in care settings;
- The Community Effect & Touchstone and other tailor-made courses and packages aiming to promote active citizenship amongst older people, particularly those operating in Age Friendly Cities and Counties Programmes;
- Azure, a cultural activities programme for people with dementia and their carers.

Q4 Confirmation of the activities of the organization at the national, regional or international level:

Activities are carried out at national level, however Age & Opportunity is a partner in several European Projects and represented on Age Platform Europe

Q5 A list of members of the governing body of the organization and their countries of nationality:

Age & Opportunity is not a membership organisation

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Q6 List of financial sources and contributions, including governmental contributions:

We are a not-for-profit organisation.

Our core funding is provided by the Irish Health Services Executive

Other government funding for programmes is granted by Sport Ireland and the Arts Council of Ireland

Course delivery income and specific project grants vary from year to year.

A copy of our most recent audited accounts are attached and are available to view on our website www.ageandopportunity.ie

Q7 Copies of the annual or other reports of the organization with financial statements (File size limit is 16MB):

AandO_Annual_Report_2017_FINAL.pdf (3MB)

Q8 Please attach additional copies if needed (File size limit is 16MB):

Signed Financial Statements 2017.pdf (5.8MB)

Q9 Please attach additional copies if needed (File size limit is 16MB): **Respondent skipped this question**

Q10 A description of the membership of the organization, indicating the total number of members, the names of organizations that are members and their geographical distribution:

Age & Opportunity is not a membership organisation

Q11 A copy of the constitution and/or by-laws of the organization (File size limit is 16MB):

Updated Memo and Arts Constitution) for new Companies Act 2014 Oct 2015.pdf(2.1MB)

Q12 Please attach additional copies if needed (File size limit is 16MB): **Respondent skipped this question**

Q13 Please attach additional copies if needed (File size limit is 16MB): **Respondent skipped this question**

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Q15 Website

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